

Ponds and Streams

Find three ponds in the Reserve. How are they different?

Borrow a pond dipping net and see what you can find. Remember to put the creatures back.



Play 'Pooh Sticks'.

Find some frogspawn. Do not touch but go back six weeks later. What do you see now?

Walking



Take a friend for a walk around the Reserve. Find 6 trees and identify them. Use books from the Reserve Field Centre Library to help you.

Walk through 'Chestnut Glade' in May and look for bluebells. Do you know the difference between 'English' and 'Spanish' bluebells?

Walk around the Copse in the autumn and collect acorns and acorn cups. Make a picture on the ground.

Find some oak galls on the oaks around the Field.



Go for a walk in the rain.

Fly a kite on the Field.

Play in the snow. Build a snowman on the Field.

Catch a falling leaf.

Plants



Make a daisy chain.

Hold a buttercup under a friend's chin. Can you see the yellow petal reflected on their skin?

Tell the time using a Dandelion clock. Does it really work?

Go and pick blackberries in the late summer.

Gather crab apples. Make crab apple jelly with an adult



Insects

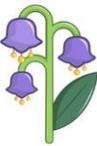


Have you seen a dragonfly? Where? What was the weather like?

Turn over a log. What did you find? Turn it back when finished.

Visit the Field in summer. Hunt for insects and caterpillars on leaves.

Set up a snail race. Remember to put the snails back where you found them.



50 THINGS TO DO AT ROWHILL COPSE



Trees

Collect some 'sweet chestnuts'. With help roast or boil them. Remember to prick them first.



Make a trail with sticks.

Find a fallen tree, get an adult to watch and help you be safe. Can you balance along it? Climb over it?

Play find the tree game. Blindfold someone and take them to a tree to feel it. Move them away and turn them around. Now remove the blindfold and then try and find the tree again.

Play 'I Spy' as you go for a walk. Finding things in alphabetical order e.g. 'I Spy' something beginning with a then b then c etc.

Play hide and seek

Litter Pick



Walk through the Copse and do a litter pick. What sort of litter is most frequently found? Wear gloves and carry a bag to put the litter in. Where will you leave the bag of litter?.



Trees

Find a really big oak tree. Give it a hug. Then put your ear against the trunk. What can you hear? Can you find a tree that is too big to hug?

Make a rubbing of an oak leaf.

Compose a poem about a tree e.g

Old and majestic

A grand and impressive

King of the Copse



Find a holly tree. Feel leaves. What do you notice about them? Which ones are soft and which are prickly?

Make a collage using leaves.



Make bark rubbings of different trees.

Find 'Rhododendron Walk' and locate some of the old and gnarled trunks. Take a mirror and put the mirror under your nose and walk towards the tree. What do you see and how do you feel?

Find some fir cones that have been nibbled by squirrels.



Make a Christmas tree decoration using pine cones.

Birds

Walk around the Reserve. When you see a Robin record:

DATE.....TIME.....LOCATION.....

Have you found the Owl box? Could you see the owl?

DATE.....TIME.....LOCATION.....



Find a feather. Can you guess which bird it came from?

Listen to a woodpecker drilling a tree. Can you find out what the bird is doing?

Get up early and listen to the Dawn Chorus.

Butterflies



On a warm sunny day go to the field and see how many butterflies you can see. Draw a picture of some of them.

Mammals

Spot a deer and a fox. Can you tell what sort of deer it was?

Go for a walk in the dark. Spot some bats flying.



Find some animal footprints in the mud.